CORONAVIRUS

HOW NOT TO WEAR YOUR MASK

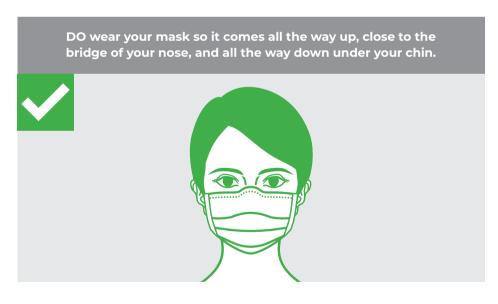**DON'T** wear your mask
below your nose.

DON'T push your mask under your chin
to rest on your neck.

DON'T leave your mask loosely
with your chin exposed.

DON'T wear your mask loosely
with gaps on the sides.

HOW TO WEAR YOUR MASK CORRECTLY

DO wear your mask so it comes all the way up, close to the
bridge of your nose, and all the way down under your chin.

DO your best to tighten the loops or ties
so it's snug around your face, without gaps.

HOW TO MAINTAIN YOUR MASK

And once you've figured out the correct position for wearing your mask, follow these tips to stay safe:

- Always wash your hands before and after wearing a mask.
- Use the ties or loops to put your mask on and pull it off.
- Don't touch the front of the mask when you take it off.
- Put the mask on and remove it while inside your home.

- Wash and dry your cloth mask daily and keep it in a clean, dry place.
- Iron your mask, this is the best means of disinfection.
- Don't have a false sense of security, masks offer limited protection, and work better when combined with hand washing and social distancing.

WE **DEVELOP** PEOPLE, TO **SERVE**
PEOPLE, TO **UPLIFT** SOCIETY

TSEBO