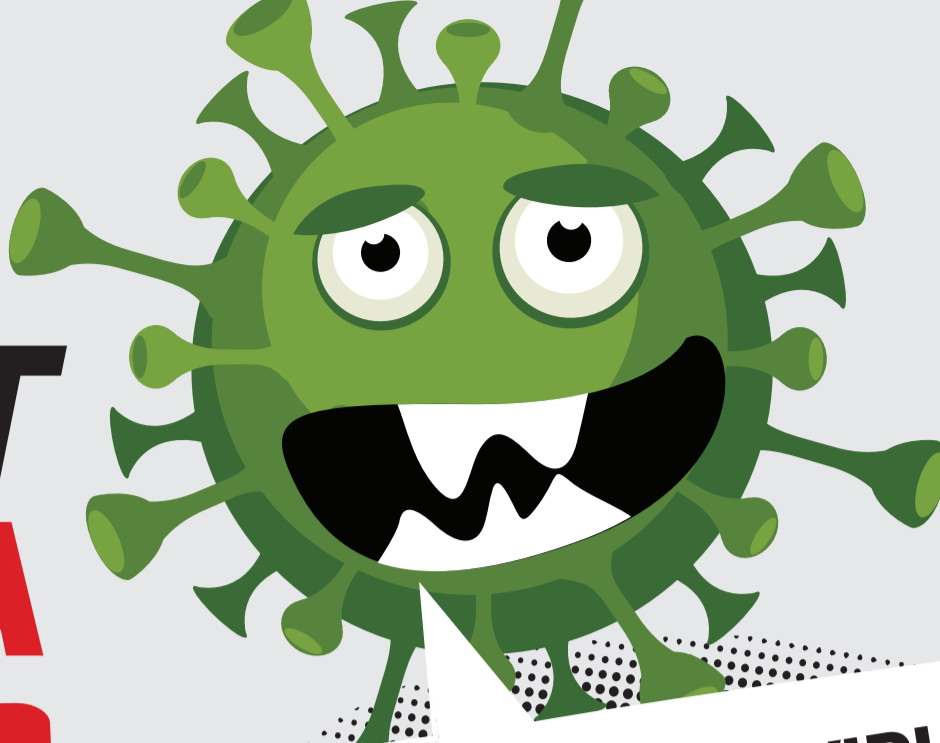


# HEROES AGAINST CORONA



I love to travel, and came from far, far away. But now that the airports are closed, I've been touring South Africa, spreading by cough, sneeze and hand to hand contact.

I'M CORONAVIRUS,  
A COUSIN OF THE  
COLD AND FLU.

Like the flu, I make people sick. They might get a cough, fever and even have trouble breathing. Sometimes I make people VERY sick and other times they might not know they are sick and spreading the virus. That's why everyone is SO scared of me – I can be very sneaky.

You've probably heard  
of me on TV and radio.  
I'm hot news right now!

Sometimes I just like to  
hang around on surfaces  
or lurk in the air.

But, I'll let you in on a little secret

...

**Like every bully, I'm not really as tough as I seem.**

You can stand up to me ...

**By listening to adults and staying home.**

And, importantly, by:

- 1** Washing your hands with soap and water while singing your favourite song. The 'Happy Birthday' or 'ABC' song are about the right length to make sure your hands are properly clean then dry them with a towel.
- 2** Using hand sanitiser. Remember to count to 10 and shake your hands to make sure they are properly dry before you start playing again.
- 4** Wearing a clean and ironed mask when you go out.
- 5** Rather don't touch other people, but if you MUST, you can do the Uncle Cyril elbow bump!



The doctors are  
working very hard to  
find a vaccine that  
will stop me from  
making people sick.

Until then, keep  
washing your  
hands and stay safe

**TSEBO**